










COVID-19 (coronavirus) absence: A quick guide for parents/carers

What do I do if...	Action needed...	My child can return to school...
 <p>...my child has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> • Child shouldn't attend school, you should contact school and inform us. • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	<p>...when child's test comes back negative IF child feels better, and has been without a fever for at least 48 hours</p>
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school, you should contact school and inform us. • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	<p>...when child feels better, and has been without a fever for at least 48 hours</p> <ul style="list-style-type: none"> • They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
 <p>...my child tests Negative for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Contact school to inform us. • Discuss when your child can come back (same day/next day). 	<p>...the test comes back negative IF child feels better, and has been without a fever for at least 48 hours</p>
 <p>...my child is ill with symptoms not linked to Covid-19.</p>	<ul style="list-style-type: none"> • Do not come to school. • Contact school to inform us. • Ring on each day of illness. 	<p>...until you have not been sick for at least two day or had diarrhoea for at least two days.</p>
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> • Child shouldn't attend school, you should contact school and inform us. • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	<p>...when household member test is negative, and child does not have COVID-19 symptoms*</p>





* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at: [gov.uk/backtoschool](https://www.gov.uk/backtoschool)

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 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school you should contact school and inform us. • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days 	<p>...when child has completed 14 days of self-isolation, even if they test negative during the 14 days</p>
 <p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school you should contact school and inform us. • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too 	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>...NHS test and trace has identified a household member (other than my child) as a close contact of somebody with confirmed Covid-19.</p>	<ul style="list-style-type: none"> • The household member must self-isolate for 14 days. • Child can continue to attend school. 	<p>...child can continue to attend school</p>
 <p>... a sibling attending another school has been sent home to self-isolate due to their being a positive case in their school.</p>	<ul style="list-style-type: none"> • Sibling must self-isolate for 14 days. • St. Marie's child(ren) can continue to attend. 	<p>...child can continue to attend school</p>




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 <p>... my child has travelled abroad from a country or territory that is NOT on the exempt list of countries.</p>	<p>If returning from a destination where quarantine is needed*:</p> <ul style="list-style-type: none"> • minimum of 14 days self-isolation for all those who travelled. • contact school to inform us you are back in the country and we will agree an earliest date for possible return to school. <p>All travellers must Self-isolate. *Foreign, Commonwealth & Development Office (FCDO) – for up to date travel information</p>	<p>...the quarantine period of 14 days has been completed.</p>
 <p>...my child has travelled abroad from a country or territory that IS on the exempt list of countries.</p>	<p>If returning from a destination where quarantine is NOT needed:</p> <ul style="list-style-type: none"> • - Check the current Exempt countries and territories list to confirm the country you have travelled from or through is on the exempt list. • Ring school to inform us you have returned to the UK and agree a return date to school. 	<p>...you have informed the office of your return to the UK (the office will ask you a few questions about your travel).</p>
 <p>...I have travelled from a country that requires us to quarantine (but my child didn't travel).</p>	<ul style="list-style-type: none"> • As long as you do not have / have not had symptoms in the last 14 days, your child can continue to attend school. • The person who has travelled MUST NOT leave the house, including to do pick-ups and drop offs (<i>please contact school if you need support getting your child to school</i>). 	<p>...child can continue to attend school</p>
 <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> • Child shouldn't attend school, you should contact school and inform us. • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>

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 <p>...my child's bubble is closed due to a Covid-19 outbreak in school.</p>	<ul style="list-style-type: none"> • Child must not come to school. • Support your child at home with remote education provided by your school. • Your child will need to self-isolate for 14 days. • Other siblings may continue to attend school. 	<p>...school inform you that the bubble will be reopened.</p>
 <p>...I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> • Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	<p>...when conditions above, as matching your situation, are met</p>
 <p>...I am unable to get a test for someone in the household who has symptoms</p>	<p><i>If you are not able to get a test in the first 5 days of having symptoms, your child and anyone they live with must stay at home and self-isolate for 14 days. Anyone in your support bubble must also stay at home.</i></p>	<p>...the child has completed 14 days of isolation.</p>

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