



RSHE Curriculum Ten:Ten Life to the Full



Autumn Term

Module Two: Created to Love Others

Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

YR	Y1	Y2	Y3	Y4	Y5	Y6
<p>Personal Relationships:</p> <p>Vocabulary to identify different family / friend relationships</p> <p>The features of positive / negative behavior in relationships</p> <p>The importance of resolving conflict and asking for forgiveness where necessary</p> <p>Keeping Safe:</p> <p>Practical ways to stay safe inside and out</p> <p>Staying safe around medicines</p> <p>People who help us in emergencies</p>	<p>Personal Relationships:</p> <p>'Special People' in their lives who they love and can trust</p> <p>Coping with various social situations and dilemmas</p> <p>The importance of saying sorry and asking for forgiveness within relationships</p> <p>Keeping Safe:</p> <p>The risks of being online (incorporating Smartie the Penguin from Childnet)</p> <p>The difference between good and bad secrets</p> <p>Teaching on physical boundaries (incorporating PANTS resources from the NSPCC)</p> <p>The effects of harmful substances (including alcohol and tobacco)</p> <p>Some basic First Aid and what they should do in an emergency</p>	<p>Personal Relationships:</p> <p>A more complex appreciation of different family structures</p> <p>Activities and strategies to help them develop healthy relationships with family and friends</p> <p>Techniques for managing thoughts, feelings and actions</p> <p>Keeping Safe:</p> <p>Incorporates some NSPCC resources around online safety</p> <p>Teaching on bullying and abuse through a series of animated stories</p> <p>The effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older</p> <p>The crucial role of First Aid in emergency situations</p>	<p>Personal Relationships:</p> <p>Equip children with strategies for more complex experiences of relationships and conflict</p> <p>Identify and understand how to respond to spoken and unspoken pressure</p> <p>The concept of consent</p> <p>Further teaching on how our thoughts and feelings have an impact on how we act</p> <p>Keeping Safe:</p> <p>Risks of sharing and chatting online</p> <p>A more complex understanding of different forms of abuse</p> <p>How drugs, alcohol and tobacco can negatively affect people's lifestyles and the body's natural functioning</p> <p>Essential First Aid such as DR ABC and the recovery position</p>			



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Spring Term

Module Three: Created to Live in Community

Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

YR	Y1	Y2	Y3	Y4	Y5	Y6
<p>That God is love: Father, Son and Holy Spirit</p> <p>That being made in His image means being called to be loved and to love others</p> <p>To know what a community is, and that God calls us to live in community with one another</p> <p>No matter how small our offerings, they are valuable to God and He can use them for His glory.</p> <p>Jesus' teaching on who is my neighbour</p> <p>That they belong to various communities such as home, school, parish, the wider local community, nation and global community</p> <p>That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc</p> <p>That we have a duty of care for others and for the world we live in (charity work, recycling etc.)</p> <p>About what harms and what improves the world in which we live.</p>			<p>God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self-giving relationship'</p> <p>The human family is to reflect the Holy Trinity in mutual charity and generosity</p> <p>The human family can reflect the Holy Trinity in charity and generosity.</p> <p>The Church family comprises of home, school and parish (which is part of the diocese).</p> <p>To know that God wants His Church to love and care for others.</p> <p>To devise practical ways of loving and caring for others.</p>		<p>To know that God the Father, God the Son and God the Holy Spirit make up the three persons of the Trinity.</p> <p>To know that the Holy Spirit works through us to bring God's love and goodness to others.</p> <p>The principles of Catholic Social Teaching.</p> <p>That God formed them out of love, to know and share His love with others.</p> <p>Learn to apply the principles of Catholic Social Teaching to current issues.</p> <p>Find ways in which they can spread God's love in their community.</p>	



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Summer Term

Module One: Created and Loved by God

Created and Loved by God explores the individual. Rooted in the teaching that **we are made in the image and likeness of God**, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

YR	Y1	Y2	Y3	Y4	Y5	Y6
Celebrating difference & individual gifts, talents and abilities Looking after and using our bodies The necessity of when and how to say sorry in relationships A basic exploration of Jesus' forgiveness and growing up as God's plan for us	We are uniquely made by a loving God We have differences and similarities Key information about staying physically healthy Understanding feelings and emotions, including strong feelings such as anger The cycle of life from birth to old age	Understanding difference Respecting our bodies Strategies to support emotional wellbeing including practicing thankfulness	Understanding difference Respecting our bodies Strategies to support emotional wellbeing including practicing thankfulness Puberty and changing bodies The development of pupils' understanding of life before birth	Understanding difference Respecting our bodies Strategies to support emotional wellbeing including practicing thankfulness Puberty and changing bodies The development of pupils' understanding of life before birth	Appreciation of physical and emotional difference A more complex understanding of physical changes in girls' and boys' bodies Body image Strong emotional feelings The impact of the internet and social media on emotional wellbeing A more nuanced and scientific understanding of life in the womb Menstruation	Appreciation of physical and emotional difference A more complex understanding of physical changes in girls' and boys' bodies Body image Strong emotional feelings The impact of the internet and social media on emotional wellbeing A more nuanced and scientific understanding of life in the womb and how babies are made Menstruation



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	<p>Key Decision 1 – Genitalia Covered in Session 3 of Unit 2 in this module ‘Girls & Boys’ (Words used to name genitalia - penis, testicles, urethra, vulva and vagina)</p>		<p>Key Decision 2 – Puberty Covered in sessions 3-5 of Unit 2 and session 1 of Unit 4 in this module ‘What is puberty?, Changing Bodies, Discussion Groups and Life Cycles’</p>	<p>Key Decision 4 - Pornography Covered in session 4 of Unit 3 in this module ‘Seeing Stuff Online’</p>	<p>Key Decision 3 – Talking About Sex Covered in session 2 of Unit 4 in this module ‘Making Babies’</p> <p>(Teaching about sexual intercourse is not part of the statutory curriculum, but we think our Y6 pupils need to be taught this information in preparation for the KS3 curriculum. Please speak to the school in confidence if you have questions about this)</p>
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For more detailed information please login to the online parent portal via <https://www.tentenresources.co.uk/parent-portal/> using the username and password which has been sent to parents via Pay360.