



St Marie's PE Curriculum

Intent

One of our main aims as a school is encouraging each child to be as active as possible. Our wish is that every child represents St Marie's in sport or physical activity outside of school, in addition to curriculum time and the activities provided within school day. Along with our brilliant staff, the Sheffield Federation for School Sport, LINKS and the Sheffield United Community Foundation support us in being able to provide a wide variety of different opportunities for our children, who often go on to achieve great success. From table tennis to athletics, cross-country to football and lots more in between, we are always keen for our children to participate in a range of activities and nurture their love for sport. Our children, of course, are our main driving force, as it is their enthusiasm to participate and compete that make us want to provide as many opportunities over the year as possible. Our Physical Education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. At St Marie's, we aim provide opportunities for pupils to become physically confident in a way which supports their health and fitness. PE can challenge and promote self-esteem through the development of physical confidence and problem solving. It can teach children to cope with both success and failure in competitive, individual and team-based physical activities. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. Through Physical Education, we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential. We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

Implementation

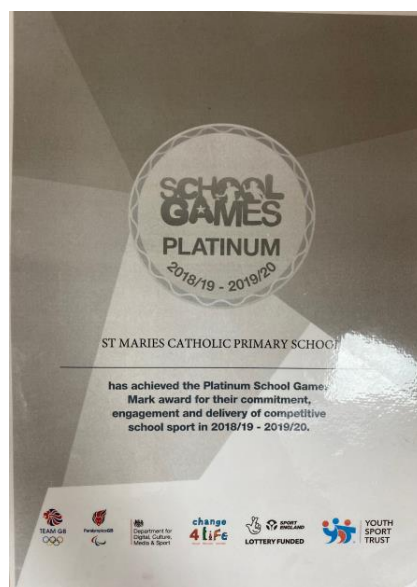
At St Marie's, children have equal opportunities to take part in a range of sports and physical activities within a supportive environment, where effort as well as success is recognised and praised. Children are encouraged to participate in exercise throughout the day, not only during PE lessons but through morning exercise, clubs, outdoor learning, lunch provision and special events throughout the year. Our PE curriculum is structured to provide a range of sports experiences so every child can participate and develop their skills and learning through competitive, team and individual sports. Children can aim to flourish at sports in which they have a particular interest in, and our Pupil Voice allows us to understand what sports the children enjoy most or would like to experience in school so we can provide these opportunities to the children to enhance their love for physical activity and staying healthy. Children with additional needs are provided with appropriate support to enable them to take part, gain confidence in skills, understanding and motivation.

We teach the National Curriculum, supported by a clear skills and knowledge progression in our MTPs and Progression Maps. This ensures skills and knowledge are built on year by year and sequenced appropriately to maximise learning and enjoyment for all children. Children gain experience of a variety of fundamental skills. This has a focus on agility, balance, coordination and fitness. Children take part in individual skills, group skills and team games, using PE equipment appropriate for their age. During Key Stage 2, children will have a series of structured swimming sessions to promote water safety and to ensure the children can swim the required 25m by the end of Year 6.

Impact

Throughout their time at St Marie's, the children will acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE. Their willingness to practise skills in a wide range of different activities and situations, both alone, in small groups and in teams will continually grow and they will be able to apply these skills in chosen activities to achieve exceptionally high levels of performance. All children are given the opportunity to take part in sporting events outside of their usual PE lessons and the School Council and Pupil Voice assist staff in ensuring children access a wide range of sports, often chosen by themselves. Through having a say in the sporting opportunities offered at St Marie's, the children foster a love of sport and physical activity and in turn, strive for high levels of physical fitness and living a healthy lifestyle, promoting long-term health and well-being. The older children at St Marie's also take on the role of 'Play Leaders', allowing the children to develop their ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, while motivating and instilling excellent sporting attitudes in others, all the while increasing younger children's enjoyment of physical activity and team games.

In 2019, St Marie's achieved the Platinum School Games Award. We have also been awarded the Primary School Sports Award from Sheffield Federation for School Sport.



All schools are required to publish how they spend their Sports Premium Funding in the form of an impact statement. The impact Statement for St Marie's can be found on our school website.

Here are some photos of physical activity and physical education taking place at St Marie's.



Clubs



Morning exercises



Sporting competitions



African dance for Black History Month



PE lessons



Sports Day in KS1 and KS2

